

# Something to consider...

"If a student doesn't know how to read, we *teach*."

"If a student doesn't know how to swim, we *teach*."

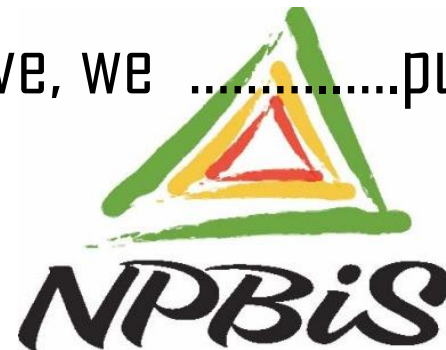
"If a student doesn't know how to multiply, we *teach*."

"If a student doesn't know how to drive, we *teach*."

"If a student doesn't know how to behave, we .....punish?"



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Tom Herner

# Leading Forward with Positive Behavior Interventions & Supports



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*PBiS Project Coordinator*



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# Positive Behavior Support

An *evidence based practice*  
which develops a *systemic process* shown to

- Increase student achievement
- Attendance
- School success

While *decreasing challenging behaviors*



# Professional Development: What research says and what we've learned

- *P*lanned Process
- *B*ased on evidence
- *I*mplemented with fidelity
- *S*ystemic  
& Systematic



# NPBiS



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# Positive Behavior Support

## *Nebraska SPDG Research...*

- Decreased physical aggression
- Decreased SPED student office referrals
- Decreased # of students with < 1 ODRs



# The Behavior Matrix

- Foundation to all PBiS.....
- Drives everything in school as it relates to behavior
  - Common language
  - Lessons
  - Recognition and reinforcement
- It is the most important piece of PBiS



# The Behavior Matrix

First Steps.....

## 1. Identify “umbrella expectations”

Be Safe

Safety First

Be Respectful

Offer Help

Be Responsible

Accept Responsibility

Respectful



# The Behavior Matrix

First Steps.....

## 2. Identify all common areas of school

Cafeteria

Restrooms

Hallways

Gymnasium

Playground/Parking lot

Bus Drop





# The Behavior Matrix

First Steps.....

## **3. Determine expectations for students and STAFF**

- For each umbrella expectation
- In each common area





WLinders are



Safe  
Responsible  
Respectful

	Bathroom	Eating Areas (Cafeteria, Owl's Nest)	Walkways	Play Areas	Working Areas (Classroom, Library, Computer Lab, Office)
Be Safe	<ul style="list-style-type: none"><li>• walk</li><li>• keep hands, feet and objects to self</li></ul>	<ul style="list-style-type: none"><li>• walk</li><li>• keep hands, feet and objects to self</li></ul>	<ul style="list-style-type: none"><li>• walk</li><li>• keep hands, feet and objects to self</li><li>• use stairs</li></ul>	<ul style="list-style-type: none"><li>• run only in designated areas</li><li>• keep hands, feet, and objects to self</li></ul>	<ul style="list-style-type: none"><li>• walk</li><li>• keep hands, feet, and objects to self</li></ul>
Be Responsible	<ul style="list-style-type: none"><li>• flush, wash, trash, exit</li></ul>	<ul style="list-style-type: none"><li>• remain seated</li><li>• throw trash in the trashcan</li></ul>	<ul style="list-style-type: none"><li>• go directly to destination</li></ul>	<ul style="list-style-type: none"><li>• use equipment properly</li><li>• line up</li></ul>	<ul style="list-style-type: none"><li>• use equipment properly</li><li>• stay on task</li></ul>
Be Respectful	<ul style="list-style-type: none"><li>• take turns</li><li>• give privacy</li><li>• use a 6 inch voice.</li></ul>	<ul style="list-style-type: none"><li>• take turns</li><li>• use 6 inch voice</li><li>• say please, thank you and excuse me</li></ul>	<ul style="list-style-type: none"><li>• follow adult directions</li></ul>	<ul style="list-style-type: none"><li>• take turns</li><li>• follow adult directions</li><li>• say please, thank you, and excuse me</li></ul>	<ul style="list-style-type: none"><li>• use 6 inch voice</li><li>• say please, thank you, and excuse me</li><li>• follow adult directions</li></ul>



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# Positive Behavior Support

Be Safe ● Be Respectful ● Be Responsible

	General Expectations	Arrival & Dismissal	Hallways & Sidewalks	Bathrooms	Cafeteria	Playgrounds	Assemblies/ Special Events
S A F E	<ul style="list-style-type: none"> <li>Keep hands and feet to self</li> <li>Walk facing forward</li> </ul>	<ul style="list-style-type: none"> <li>Wait in designated areas</li> <li>Stay on the sidewalks &amp; crosswalks</li> <li>Walk your bike to the street</li> </ul>	<ul style="list-style-type: none"> <li>Keep hands and feet to self</li> <li>Walk facing forward</li> <li>Stay to the right</li> </ul>	<ul style="list-style-type: none"> <li>Keep your feet on the floor</li> <li>Wash your hands</li> <li>Keep water and soap in the sink</li> <li>Throw paper towels in the garbage can</li> </ul>	<ul style="list-style-type: none"> <li>Your food is your food – keep it to yourself</li> <li>Keep your feet on the floor</li> </ul>	<ul style="list-style-type: none"> <li>What's on the ground stays on the ground</li> <li>Stay within the boundaries</li> <li>Walk to and from the playground</li> </ul>	<ul style="list-style-type: none"> <li>Keep hands and feet to self</li> <li>Remain seated and quiet until dismissal procedure</li> </ul>
R E S P E C T F U L	<ul style="list-style-type: none"> <li>Follow all school expectations</li> <li>Speak respectfully to adults and peers</li> </ul>	<ul style="list-style-type: none"> <li>Follow all adult directions &amp; Safety Patrol procedures</li> <li>Use kind words and actions</li> </ul>	<ul style="list-style-type: none"> <li>Voices off</li> <li>If spoken to by an adult use quiet voices</li> </ul>	<ul style="list-style-type: none"> <li>Use quiet voices</li> <li>Unlock stall doors when finished</li> <li>Keep walls and floors clean</li> </ul>	<ul style="list-style-type: none"> <li>Use quiet voices</li> <li>Allow anyone to sit by you</li> <li>Raise your hand to be excused</li> </ul>	<ul style="list-style-type: none"> <li>Include anyone and everyone</li> <li>Use playground equipment as instructed</li> <li>Use kind words and actions</li> <li>Show good sportsmanship</li> </ul>	<ul style="list-style-type: none"> <li>Use good audience manners (applause, polite, quiet)</li> <li>Sit on bottom</li> <li>Follow all adult directions</li> </ul>
R E S P O N S I B L E	<ul style="list-style-type: none"> <li>Be responsible for your Paw Pats</li> <li>Recycle</li> </ul>	<ul style="list-style-type: none"> <li>Arrive in your classroom on time</li> <li>Leave your classroom on time</li> </ul>	<ul style="list-style-type: none"> <li>Stay in line</li> <li>Stay on sidewalks</li> </ul>	<ul style="list-style-type: none"> <li>Enter bathroom stalls through stall doors</li> <li>Flush toilets after use</li> <li>Turn off water after use</li> <li>Return to your classroom quickly and quietly</li> </ul>	<ul style="list-style-type: none"> <li>Line up in lunch order</li> <li>Get all food/materials the first time through the line</li> <li>Sit at your assigned table</li> <li>Clean your table and floor area before being dismissed</li> </ul>	<ul style="list-style-type: none"> <li>Check in and out with an adult if you need to leave the area</li> <li>Report unsafe behavior to an adult</li> </ul>	<ul style="list-style-type: none"> <li>Respond appropriately to attention signal</li> </ul>

## Plano High School Behavior Matrix

<b>All Locations &amp; Community</b>	<b>Common Areas</b>	<b>Locker Rooms</b>	<b>Extra Curricular</b>	<b>Classroom</b>
<b>Personal Responsibility</b>	<ul style="list-style-type: none"> <li>▪ Be prepared</li> <li>▪ Be on time</li> <li>▪ Follow Directions</li> <li>▪ Clean up after yourself</li> </ul>	<ul style="list-style-type: none"> <li>▪ Use your own locker</li> <li>▪ Use proper facilities</li> </ul>	<ul style="list-style-type: none"> <li>▪ Know that you represent <u>Plano High School</u></li> <li>▪ Show good sportsmanship</li> </ul>	<ul style="list-style-type: none"> <li>▪ Be prepared</li> <li>▪ Be on time</li> <li>▪ Complete your homework</li> <li>▪ Follow directions</li> </ul>
<b>Respect</b>	<ul style="list-style-type: none"> <li>▪ Be courteous</li> <li>▪ Take care of school property</li> <li>▪ Use appropriate language</li> <li>▪ Take turns</li> </ul>	<ul style="list-style-type: none"> <li>▪ Respect School Property</li> <li>▪ Respect other's property</li> </ul>	<ul style="list-style-type: none"> <li>▪ Respect yourself, your family, and the community</li> </ul>	<ul style="list-style-type: none"> <li>▪ Raise your hand</li> <li>▪ Take turns</li> <li>▪ Appropriate language</li> <li>▪ Show courtesy</li> </ul>
<b>Involved Academically</b>	<ul style="list-style-type: none"> <li>▪ Participate</li> <li>▪ Ask questions</li> <li>▪ Do your own work</li> </ul>	<ul style="list-style-type: none"> <li>▪ Dress for class</li> <li>▪ Participate</li> <li>▪ Be on time</li> </ul>	<ul style="list-style-type: none"> <li>▪ Be involved</li> <li>▪ Gain knowledge and experience</li> <li>▪ Good support system</li> </ul>	<ul style="list-style-type: none"> <li>▪ Participate</li> <li>▪ Do your own work</li> <li>▪ Ask questions</li> </ul>
<b>Demonstrate Safe Behavior</b>	<ul style="list-style-type: none"> <li>▪ Wait your turn</li> <li>▪ Walk on the right side of halls</li> <li>▪ Keep hands to yourself</li> <li>▪ Keep moving</li> <li>▪ Maintain personal space</li> </ul>	<ul style="list-style-type: none"> <li>▪ Participate safely</li> <li>▪ Use your lockers</li> <li>▪ Walk</li> <li>▪ Refrain from horseplay</li> </ul>	<ul style="list-style-type: none"> <li>▪ Drive safely to and from events</li> <li>▪ Follow the rules</li> <li>▪ Be careful of your surroundings</li> </ul>	<ul style="list-style-type: none"> <li>▪ Walk</li> <li>▪ Wait your turn</li> <li>▪ Keep hands to yourself</li> </ul>
<b>Excellence</b>	<ul style="list-style-type: none"> <li>▪ Advocate for yourself</li> <li>▪ Take pride in what you do</li> <li>▪ Model acceptable behavior</li> <li>▪ Be polite</li> </ul>	<ul style="list-style-type: none"> <li>▪ Be accountable</li> </ul>	<ul style="list-style-type: none"> <li>▪ Do your best, YOU represent PHS, your family, and the community!</li> </ul>	<ul style="list-style-type: none"> <li>▪ Advocate for yourself</li> <li>▪ Take pride in what you do</li> <li>▪ YOU represent your school/community</li> </ul>



# The Behavior Matrix

- Expectations stated in the positive
  - i.e. Walk in hallway vs. Don't run in hallway
- All common areas of school addressed
- Simple & few
- Large enough to read easily
- Posted at students' eye level
- Reviewed and revised often

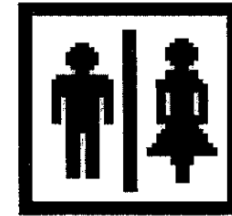


# Positive Behavior Support

## WHEN IN THE RESTROOM...

### **BE SAFE**

- **Keep water in sink.**
- **Wash hands.**
- **Report any blood spills.**



### **BE RESPONSIBLE**

- **Flush toilets and use facilities appropriately.**
- **Put towels in garbage.**
- **Inform adults of vandalism.**



Every Student...Every Day!

### **BE RESPECTFUL**

- **Give people privacy.**
- **Respect property-yours and others'.**





# *pro•gram*

- 1• a plan of action to accomplish a specified end•*
- 2• a plan of specific procedures to be followed•*

# 3

DAY  
DIET



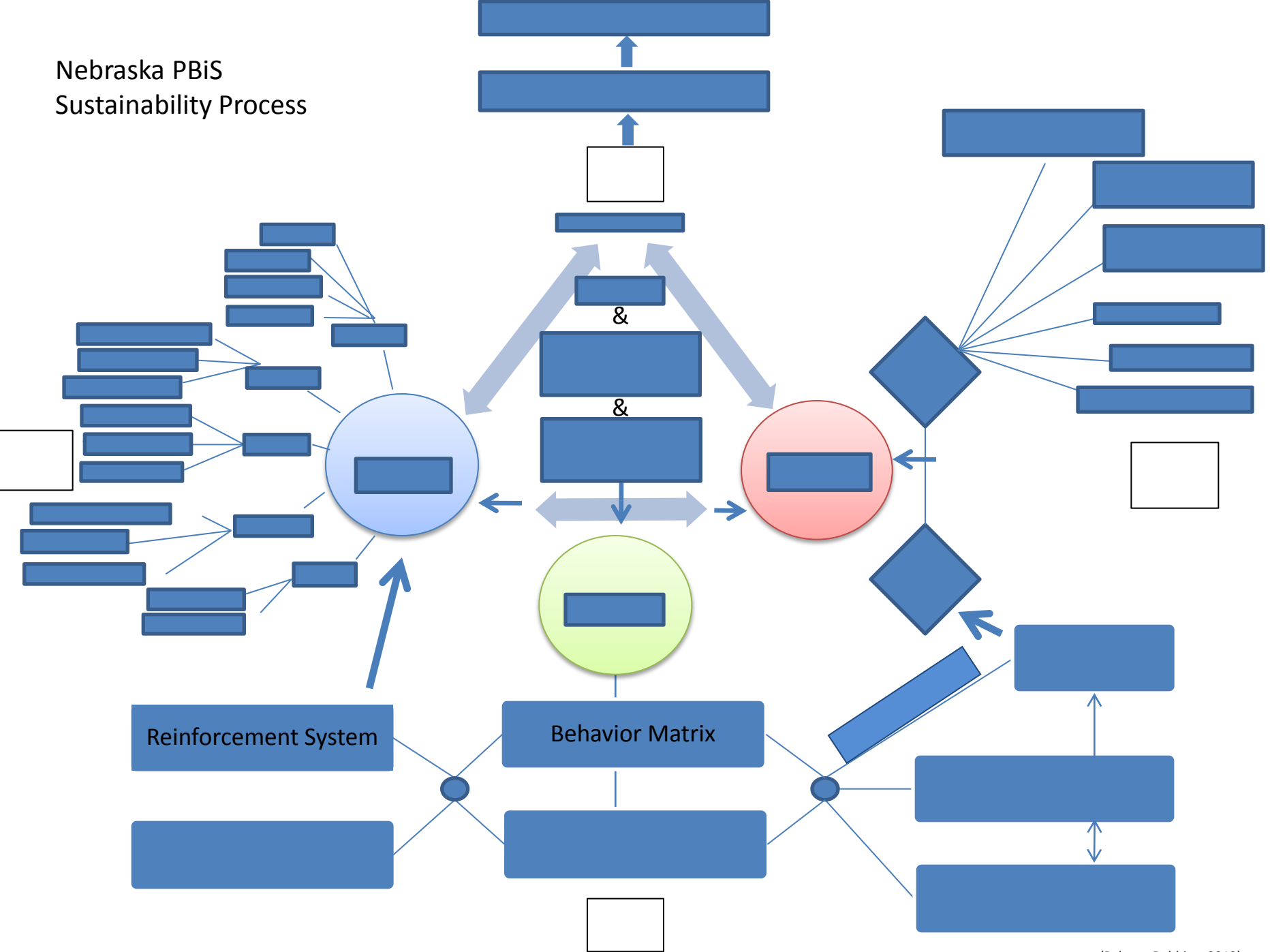


# *proc•ess*

- 1. A systematic series of actions directed to some end*
- 2. A continuous set of actions, operations, or series of changes taking place in a definite manner.*



Nebraska PBiS  
Sustainability Process



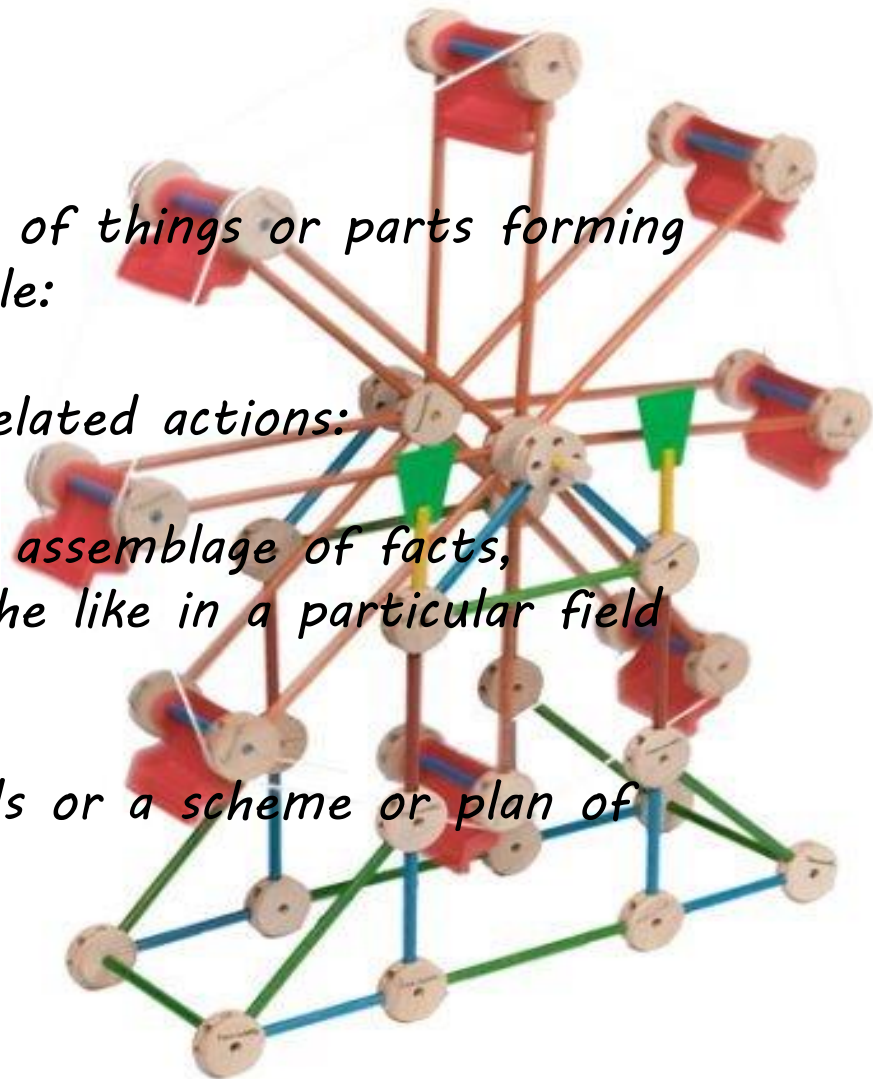


# *frame·work*

1. *A skeletal structure designed to support or enclose something.*
2. *A frame or structure composed of parts fitted and joined together.*
3. *Work done in, on, or with a frame.*

# *sys·tem*

1. *an assemblage or combination of things or parts forming a complex or unitary whole:*
2. *any assemblage or set of correlated actions:*
3. *an ordered and comprehensive assemblage of facts, principles, doctrines, or the like in a particular field of knowledge or thought:*
4. *a coordinated body of methods or a scheme or plan of procedure;*





# NPBis



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# Positive Behavior Support

“systemic”

Pertaining to or affecting the body as a whole

Throughout the whole school

*.....all staff, all students, all settings*



# Positive Behavior Support

“systematic”

Methodical

Organized

Efficient

Ordered

having, showing, or involving a system, method, or plan: a systematic course of study; systematic efforts.



# Positive Behavior Support

The *PROCESS* to begin:

- *Step 1* – The building Principal to Admin. Academy
  - » October or November, 2013
  - » Dates & registrations listed on NDE Master Calendar
- *Step 2* – Build staff “**buy in**”
- *Step 3* – Complete Application





# Positive Behavior Support

***NDE Website: (A-Z)***

***Nebraska Positive Behavior  
intervention & Support  
(NPBiS)***





# Positive Behavior Support

Contact Information:

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